

## 25 Essential “Be” Ingredients & Scriptures for Blended Families

### **1. Be Patient!**

**Psalm 40:1-3** I waited patiently for the Lord to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. He has given me a new song to sing, a hymn of praise to our God. Many will see what he has done and be amazed. They will put their trust in the Lord. (NLT)

**Psalm 37:6-8** Be still in the presence of the Lord and wait patiently for him to act...Stop being angry! Turn from your rage! Do not lose your temper— it only leads to harm. (NLT)

### **2. Be Realistic**

**Colossians 3:11-13** In this new life, it doesn't matter if you are a Jew or a Gentile, circumcised or uncircumcised, barbaric, uncivilized, slave, or free. Christ is all that matters, and he lives in all of us. Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other's faults and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. (NLT)

### **3. Be Flexible**

**James 4:13-15** Look here, you who say, "Today or tomorrow we are going to a certain town and will stay there a year. We will do business there and make a profit." How do you know what your life will be like tomorrow? Your life is like the morning fog—it's here a little while, then it's gone. What you ought to say is, "If the Lord wants us to, we will live and do this or that." (NLT)

### **4. Be Prepared**

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### **5. Be Understanding**

**Ephesians 4:1-2** Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. **3** Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. (NLT)

### **6. Be Sensitive**

**James 3:16-18** But the wisdom from above is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and good deeds. It shows no favoritism and is always sincere. And those who are peacemakers will plant seeds of peace and reap a harvest of righteousness. (NLT)

### **7. Be A Friend** (before an authority figure)

**Ephesians 6:4** Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord. (NLT)

### **8. Be in Agreement**

**Proverbs 29:15** To discipline a child produces wisdom, but a mother is disgraced by an undisciplined child. (NLT)

### **9. Be Talkative**

**1 Peter 4:10** God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another. (NLT)

### **10. Be Respectful**

**Colossians 3:21** Fathers, do not nag your children. If you are too hard to please, they may want to stop trying.

### **11. Be Selective**

**Romans 14:1-3** Accept other believers who are weak in faith, and don't argue with them about what they think is right or wrong. For instance, one person believes it's all right to eat anything. But another believer with a sensitive conscience will eat only vegetables. Those who feel free to eat anything must not look down on those who don't. And those who don't eat certain foods must not condemn those who do, for God has accepted them. (NLT)

### **12. Be Forgiving**

**Colossians 3:13-15** Make allowance for each other's faults and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. (NLT)

### **13. Be Positive**

**Proverbs 15:1** A gentle answer deflects anger, but harsh words make tempers flare. (NLT)

### **14. Be Cooperative**

**2 John 1:5-6** I am writing to remind you, dear friends, that we should love one another. This is not a new commandment, but one we have had from the beginning. Love means doing what God has commanded us, and he has commanded us to love one another, just as you heard from the beginning. (NLT)

### **15. Be Connected**

**Ecclesiastes 4:9 – 12** Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Likewise, two people lying close together can keep each other warm. But how can one be warm alone? A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken. (NLT)

### **16. Be Fun**

**Job 8:21** He will once again fill your mouth with laughter and your lips with shouts of joy. (NLT)

### **17. Be Practical**

### **18. Be (more than) Generous**

**2 Corinthians 9:6-8** Remember this—a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. "For God loves a person who gives cheerfully." And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

### **19. Be Protective**

**Hebrews 13:4** Give honor to marriage and remain faithful to one another in marriage. (NLT)

### **20. Be Committed**

**Matthew 19: 4 - 6** "Haven't you read the Scriptures?" Jesus replied. "They record that from the beginning 'God made them male and female.' And he said, 'This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.' Since they are no longer two but one, let no one split apart what God has joined together." (NLT)

### **21. Be Persistent**

**Luck 18:1 - 8**

### **22. Be a Team**

**1 Corinthians 12:25&26** This makes for harmony among the members, so that all the members care for each other. If one part suffers, all the parts suffer with it, and if one part is honored, all the parts are glad. (NLT)

### **23. Be in Prayer**

**James 5:16** The earnest prayer of a righteous person has great power and produces wonderful results. (NLT)

### **24. Be Real**

**Psalm 32:2** Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty! (NLT)

### **25. Be Tolerant of Disharmony**

**Proverbs 27:17** As iron sharpens iron, so one man sharpens another. (NLT)

**2 Corinthians 4:17&18** For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever. (NLT)